FITNESS CENTERS

AQUATIC CENTER FITNESS FACILITIES

Each fitness center includes a complete line of free weights, treadmills, bikes, stair climbers, elliptical and single station weight machines. All participants are required to wear closed toed shoes and bring a towel to work out. No one under 13 is permitted in the Fitness Center at any time. Ages 14-17 must have a waiver signed by a parent or quardian.

CACTUS AQUATIC & FITNESS CENTER

7202 E. Cactus Road 480-312-7665

Hours: M-Th 6am-8pm | F 6am-7pm | Sa 7am-5pm | Su 10am-2pm

ELDORADO AQUATIC & FITNESS CENTER

2301 N. Miller Road 480-312-2484

Hours: M-Th 6am-8pm | F 6am-7pm | Sa & Su 1pm-5pm

MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER

15525 N. Thompson Peak Parkway 480-312-6677 Hours: M-Th 6am-8pm | F 10am-3pm | Sa & Su 1pm-5pm

Visit: www.scottsdaleaz.gov/Sports/aquatics/ for specific hours of operation.

SUMMER FITNESS CENTÉR FEES:

Adult \$2(R)/\$3(NR) | Youth \$1(R)/\$1.50(NR)

Adult Swipe Cards Available:

10 Visits \$20(R)/\$30(NR) | 30 Visits \$48(R)/\$72(NR)



SENIOR CENTERS FACILITIES

A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights available at each center

GRANITE REEF SENIOR CENTER

1700 N. Granite Reef Road I 480-312-1700 **HOURS**: M-F: 8am- 9pm, Sa: 8am- 5pm

VIA LINDA SENIOR CENTER

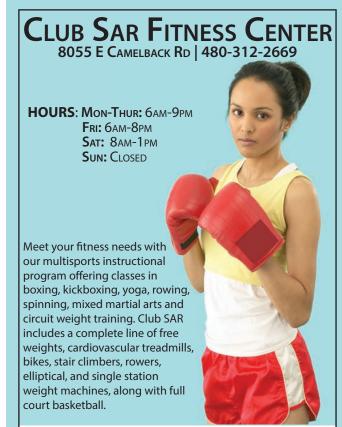
10440 E. Via Linda I 480-312-5810

HOURS: M-Th: 7:30am-9pm, F-Sa: 7:30am-5pm

FEES

Quarterly Membership Fee: \$40(R)/\$60(NR)

Daily Drop- In: \$3.00



CLUB SAR FEES AND MEMBERSHIP OPTIONS

	Adult Resident	Adult Non-Resident	Youth* Resident	Youth* Non-Resident
DAILY DROP-IN	\$3	\$5	\$3	\$5
One (1) Month	\$20	\$30	\$10	\$15
THREE (3) MONTH	\$50	\$75	\$25	\$38
Six (6) Month	\$75	\$113	\$38	\$57
ONE (1) YEAR	\$99	\$150	\$50	\$75

CLUB SAR CLASSES - Schedule listing subject to change

BOXING CLASS	M-Th	4:00-5:30PM
Boxing Conditioning	M-Th	6:00-7:00PM
KICKBOXING CONDITIONING	М-Тн	6:00-7:00PM
Mixed Martial Arts		(INQUIRE AT SAR FOR TIMES/DAYS)
Personal Training		(BY APPOINTMENT)
Pickleball	W	8:30-10:30AM
Pickleball	F	2:00-4:00PM
Rowing	Tu/Th	5:30-6:00PM
Rowing	W	12:00-12:30pm
Spinning	M/W	5:30-6:00PM
WEIGHT ORIENTATION		(BY APPOINTMENT)
Yoga	M-Th	7:15-8:30PM
YOGA	W/F	6:15-7:30am
YOGA	Sat	10:00-11:15AM